

That's Ajay in the picture above. Ajay is a blind veteran, and in the picture he is styling his way through the TRR Blind Kayak Slalom Course set up last year in Bartlesville, Oklahoma. The TRR Blind Slalom allows blind paddlers the ability to race a kayak slalom course on sound alone-no other guides. *Resilience. "Able to withstand and recover from difficult conditions".*

Ajay was blinded when trying to pull a wounded Marine out of a burning Humvee. The Humvee exploded in his face, blinding him. It was a long and difficult recovery. When asked if he wishes things were different, Ajay simply says, "I would do it again even knowing what might happen. Selfless. "Performing an action without any expectation of result or award".

Ajay, like so many individuals and veterans I know are immunocompromised, and waiting this pandemic out so he can resume his busy life.

Today's Boof after reading this is self explanatory. Let's all practice resilience and selflessness. I am certain all of those in the TRR Family have been, and will continue to be, ambassadors of those values.

A **boof** is the sound the hull of your kayak makes as it lands flat after flying over a wave on a windswept lake or ocean wave; or a kayaker flying over a pour over rock on a rapid in a river. Note the word "flying" - Let's let our ability to find resolve, patience, and connectedness allow us to fly over this invisible "storm" . . .

Paddle On!

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