

Good afternoon TRR Family,

When we began this crazy tour of uncertainty due to a new and serious virus - the route was, and still is, uncertain. Faced with anxiety, fear, anger...and a quiver full of other emotions, we all settled in. Even now, with much of the nation peeking out and attempting to normalize, the route is still uncertain and dangerous.

What is always true is the influence others can have on us when we watch them overcome barriers and triumph.

Last night, Nancy and I watched a 20 minute Vimeo documentary called "The Long River Home". It was created by TRR's own Seth Dahl and stars our dear friends Aaron Howell, Russell Davies, and Lonnie Bedwell. We watched on her iPhone, it cost us \$5. The cost of a latteskimgrandeuberdrink....(I think). Give me a shout if you need the inspiration and \$5 is too much to shell out right now, I'll cover the cost because I know the value.

After watching, I am certain you will be filled with all you will need to continue to be patient with what is happening around us, and get connected even more deeply in action and resolve.

<https://vimeo.com/ondemand/thelongriverhome>

*A **boof** is the sound the hull of your kayak makes as it lands flat after flying over a wave on a windswept lake or ocean wave; or a kayaker flying over a pour over rock on a rapid in a river. Note the word "flying" - Let's let our ability to find resolve, patience, and connectedness allow us to fly over this invisible "storm" . . .*

Paddle On! . . . soon . . . thoughtfully . . . small groups with strong safety! More on this soon.

Be well.

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