

COVID-19 Phase II TRR Event Checklist

In line with the [TRR re-opening guidelines](#), two factors must be met:

- States and local authorities allow movement and activities to reopen.
- Confidence in safety and health is high.

Most states are using a multi-stage opening approach:

- RED (Phase I) – Stay at home
- YELLOW (Phase II) – Parks, selected establishments, travel restrictions are lifted
- GREEN (Phase III) – Full opening

Most of the country will be in Phase II by June. The decision to initiate new events is a judgment call by each chapter coordinator as ground conditions can vary and each chapter has a unique risk profile.

As we enter Phase II (Yellow), physical contact should be avoided and we all must maintain CDC recommended social distancing measures. The following table provides a checklist to assist chapter coordinators and event leaders in maintaining reasonable safety precautions during this time.

Risk Factor	Guidelines	Rationale
Distance	Short day trips – self contained	Limits exposure to road services
Masks	Wear at all times when distance is 6' or less Bring extras for those they may have forgotten	Greatly reduces droplet transmission
Shuttles	Short duration, Open Air	Limits sustained exposure
Hand Washing	Bring water and liquid soap	Wash hands frequently
Gear	Recommend each person provides their own TRR Gear must be washed with soap & water after each use prior to storage	COVID-19 can live on plastic surfaces up to 9 days
Shuttle Driver Preferred	All inside the vehicle wear masks and open windows	Limits sustained exposure
Run Difficulty	Match Winter Paddling, one grade below least experienced paddler	Reduces chances of needing a rescue
Vetting	Event Leaders need to vet their participants for suitability	A variety of factors may exclude some from events such as general health, difficulty, temperament, etc.
On Water	Maintain separation, one paddle length Fast rescues like T Rescues (practice at the put-in)	Same distancing requirements as on land

Some types of events have greatly reduced risk factors:

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- Outdoor classes on land
- Attainments
- Bike or jogging shuttles